

Jr Ram

GIRLS VOLLEYBALL LEAGUE

Registration is accepted until 1:00 pm on August 9th @ the Monroe City Office

NO EXCEPTIONS

Accepting participants 3rd -8th grade

Cost: \$50 per girl

There will be a Skills Assessment on August 12th only for the **5th-8th Graders**

Games will begin **September 9th and end October 17**

Each team is **guaranteed** 1 practice day and Double Header game weekly

Players Name

Grade for 2024 school year

Age

Parent Name

Phone Number

Address

Can we text you? **Yes** **No**

T-shirt Size (circle one) **YS** **YM** **YL** **AS** **AM** **AL**

I/we, the parents/s of the above-named player give our approval of her participation in any and all of the activities during the current volleyball season. I/we do assume all risks and hazards incidental to the conduct of the activities, transportation to and from the activity and I/we do further release, absolve, indemnify and hold harmless the supervisors, coaches, and parent helpers and/or all of them. In case of injury to my/our child, I/we do hereby waive all claims against the organization and organizers, or any supervisor's appointment by them. The Jr Ram Girls Volleyball League does carry limited liability insurance.

Signature of Parent or Guardian

Please print name

This league can only run if we have parent volunteers that will donate their time. If you are interested in volunteering, please sign up below.

Name of volunteer for coaching a team

Phone Number

If you have any questions call

Sarah Turpin: 801-830-8026

Brittney Obray: 435-773-1921

Sylvia Roberts: 435-896-3091

PLEASE READ THE OTHER SIDE

League Information

3rd - 4th grade League

This is an instructional league. The girls will have one practice day and a Double Header game per week. Your coach will call you with the practice time. The teams will be made up of 3rd and 4th grade girls. During practice the girls will learn passing, setting, serving, and other volleyball skills. Girls will play with a Volley lite ball and on a shorter net. Each match will consist of 2 sets to 25 with a cap of 27, and a 3rd set to 15 with a cap of 17. Practices are to be announced and GAMES will be on Monday September 9th.

5th-6th grade League

This league will have one practice and Double Header game per week. Your coach will call with the practice time. The teams will be made up of 5th and 6th grade girls. During practice girls will learn passing, setting, serving and other basic volleyball skills. Girls will play on a shorter net and can move up the serve. As they get better at serving, we will continue to move them back. Each match will consist of 2 sets to 25 with a cap at 27 and 3rd set to 15, cap at 17. Practices are to be announced and GAMES will start on Wednesday September 11th.

7th-8th grade League

This league will have one practice and Double Header game per week. Your coach will call with the practice time. The teams will be made up of 7th and 8th grade girls. During practice girls will learn passing, setting, serving, rotation and other volleyball skills. Girls will play on a standard net and can move up the serve if needed. As they get better at serving, we will continue to move them back. For 7th and 8th grade we will follow high school rules. Each match will consist of 2 sets to 25 with a cap at 27 and 3rd set to 15, cap at 17.

Practices are to be announced and GAMES will be on Wednesday September 11th.

This league is for building volleyball skills and for the girls to learn to love the game of volleyball. It will be a fun, encouraging and positive environment.

TRAVELING VOLLEYBALL TEAM

If your child is interested in joining a Traveling Volleyball Team, please circle an option below. If you have any questions, please contact Brittney Obray @ 435-773-1921

Age Group:: 5th grade to 8th grade

Are you interested in Traveling Volleyball? Yes No

There will be a parent meeting for those who are interested. Date and time TBD